



**BOARD OF REGISTERED NURSING**  
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**Ruth Ann Terry, MPH, RN, Executive Officer**

## **NURSING PRACTICE COMMITTEE MEETING**

### **MEETING MINUTES**

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**DATE:** October 25, 2007

**TIME:** 2:00 pm – 4:00 pm

**LOCATION:** Governor's Inn  
210 Richards Blvd  
Sacramento, CA 95814

**COMMITTEE MEMBERS  
PRESENT:**

Susanne J. Phillips, RN, MSN, APRN-BC, FNP, Chair  
Grace Corse, RN  
Carmen Morales, RNC, MSN, FNPC  
Elizabeth O. Dietz, EdD, RN, CS-NP

**OTHERS PRESENT:**

Janette Wackerly, MBA, RN, NEC Liaison  
Louise Bailey MEd, RN, SNEC  
Miyo Minato, MN, RN, NEC  
Ruth Ann Terry, Executive Officer, BRN  
Heidi Goodman, Assistant Executive Officer, BRN  
Badrieh Caraway, MS, RN, NEC  
Katie Daugherty, MSN, RN, NEC  
Tracy Freind CA Association Nurse Practitioners  
Alice Takahashi, MSN, RN, NEC  
Geri Nibbs MN, RN NEC  
Donna Fox RN CA Nurses Association  
Hedy Duple California Nurses Association  
Malinda Marhorwitz RN President CA Nurses Association  
Louisa M. Gomez Licensing Manager BRN  
Lisa Murdock American Diabetes Association Org  
Kevin McGirr CNS, RN APNA/CA  
Ann Wilkinson CNS RN APNA/CA  
Garrett Chan CNS, RN  
Gina Leguira CNS  
Dale Parent CSNO  
Patricia McCoy CSNO  
Janice Fisher CSNO  
Tricia Hunter, ANA/C  
LaFrancine Tate, Board President

Ginger Pierson, RN  
Sheri Coburn  
Janice Bates  
Michele Townsend  
Andrew Stone  
Jim Stone  
Bonnie Magnetti  
Kim Higgins  
Marc Cardenas  
Moises Yanez  
Deann Corrado

Susanne J. Phillips, Chair, opened the meeting at 2:00 pm with introduction of the committee members.

**1.0 Approve/Not Approve: Minutes of August 2, 2007**

MSC: Dietz/Morales

**2.0 Information only:** August 30, 2007 and September 13, 2007 draft meeting minutes for the Forums on Public Safety and the Use of Lasers for Cosmetic Procedures (Business and Professions Code Section 2023.5) Medical Board of California and Board of Registered Nursing were attached. The final forum is October 31, 2007 Hilton San Diego CA 92108 from 10:00 am to 1:00 pm. Final minutes will be made available by the Medical Board and Board of Registered Nursing following completion of all the forums. At a later date both boards will review the findings of the forums regarding public safety and the use of laser or intense light pulse devices for elective cosmetic procedures by health care practitioners.

**3.0 Discussion:** American Psychiatric Nurses Association-California, Advanced Practice Committee Chair Kevin McGirr, CNS, RN interested in Furnishing drugs and devices.

Speaking to the issue was Ann Wilkinson APNA California Chapter and past president of APNA/CA stating that the organization has developed a task force for CNS furnishing. The issue Ms. Wilkinson wanted the Practice Committee to be aware of is the need for public access to prescribers (furnishers) for the mental health population, and expressing client needs for Rx related to mental health treatments. Ms. Wilkinson stated that the psych-mental health CNS should have prescribing (furnishing) within the scope of practice. Ms. Wilkinson stated that coming before the Practice Committee was to foster constituent building. Ms. Wilkinson stated that the APNA/CA organization is aware of the process of legislation necessary to prescriptive (furnishing authority) for CNS scope of practice.

Kevin McGirr APNA/CA, Practice Committee Chair for APNA/CA stated that his group of psych-mental health CNSs began about three years ago to do coalition building, talking to legislators and staff, and collaborating with CNS groups regarding prescriptive authority (furnishing authority). Mr. McGirr discussed the APNA/CA beginning advocacy for psych-mental health CNS furnishing, their being a shortage of psychiatrists for prescribing needs, Mr. McGirr stated he is working in psychiatry in San Francisco, and working with medical health care providers to in future craft furnishing legislation.

Matt Tierney, NP/CNS member of APNA/CA is employed by UCSF in a substance abuse program. Mr. Tierney states the planned legislation for CNS furnishing would model nurse practitioner furnishing language. Preliminary thoughts are that the CNS be masters' prepared in the specialty from a credentialed psych educational program, eligible for national certification, taking the essential CNS educational core program with psych pharmacology, with 520 hours of physician supervision for furnishing certification.

Ginger Pierson CNS Hoag Hospital, Newport Beach, CA. spoke on behalf of the CNS Network who she said represented 300+ CNS from all specialties. Discussed the need for support as a total group of CNSs in California in pursuing furnishing and referencing Oregon and Kansas CNS experience. Trisha Hunter ANA/C and Elisa Brown CNS voiced concern that a subgroup such as APNA/CA if APNA/CA furnishing legislation was going forward and the legislation gets denied then it would affect the greater number of CNSs in the CNS Network. . The discussion continued with suggestion of a consistent message-all CNSs best served by the larger group of CNS (Network) asking psych CNS to join the Network.

Tracy Fremd NP UCSF advanced practice stated that California Association of Nurse Practitioner, CANP, had not taken a position regarding ANPA/CA intent to seek legislation for furnishing authority. Ms. Freind stated that CANP is in support all advanced practice nurses request and she wanted to assure core pharmacology curriculum requirements for furnishing (pharmacology core education equivalency to current furnishing requirement for NP and approved management pharmacology in curriculum). Freind NP made a statement about having pharmacology requirements in regulation.

Garrett Chan CNS, NP faculty at UCSF and lead at Stanford Hospital ER is in support of psych-CNS and supports CNSs in the Network build bridges between the two groups of CNS to accomplish furnishing authority. Mr. Chan suggested that core pharmacology course could be modified to meet any anticipated curriculum needs. ANPA/CA wants to go forward however due to political reason with legislation process, Mr. Chan wants the momentum to continue toward furnishing authority for CNSs.

Ginger Pierson CNS Network discussed educational conference on January 19, 2008 at Hoag Hospital Newport Beach titled Prescriptive Authority The Future is Now. There will be a keynote speaker from Oregon. Ms. Pierson invites all CNS to come together for an organized plan, all CNS go together.

Kevin McGirr stated the ANPA/CA chapter supports all CNS furnishing, stating there is neutrality of the Medical Association for psych CNS strategy. Some discussion about psych CNS scope of practice furnishing psych medication or whether furnishing could be based on disease management furnishing.

Hedy Dumble California Nurses Association question: need for statutory change for CNS as there is no language on RX authority.

This discussion ended without further audience participation.

#### **4.0 Discussion:** BRN Response to the California Department of Education Agreement Related to the Administration of Insulin at Schools by Unlicensed Personnel.

In response to a California Department of Education (CDE) legal advisory related to insulin administration to eligible students in public and charter schools, staff drafted a document, "Administration of Insulin in Schools by Unlicensed Personnel", for consideration and action at the September 21, 2007, Board meeting. The Board voted to refer the item to the Nursing Practice Committee to provide opportunity for additional public comment.

Ten individuals testified at the September Board meeting and twenty testified at the Committee meeting. Parents and a grandparent of children with diabetes, a 6th grade student and an adult with diabetes, school nurses and other registered nurses, physicians, and individuals representing organizations, i.e., American Diabetes Association, American Nurses Association-California, California Nurses Association, California School Nurses Organization, and Diabetes Coalition of California, spoke at the Committee meeting. Of the 20 speakers, 10 spoke in support and 10 spoke in opposition to Board adoption of the proposed response. Approximately, 365 letters/e-mails were received, with the overwhelming majority (347) urging non-adoption of the response and 18 supporting adoption. Following are highlights from the written and verbal comments:

1. An agreed upon and recurring theme is that students with diabetes are being denied services to which they are legally entitled. Schools are refusing to provide diabetic-related services, including the administration of insulin to eligible students.
2. Many acknowledged the vital role of the school nurse in ensuring the health and safety of students, but also stated that there will never be enough

nurses to ensure a nurse will always be available at school and school-related activities. There were also expressions of willingness to work with the Board on the issue.

3. A major area of disagreement was whether or not students would be placed at risk if unlicensed school personnel are permitted to administer insulin. Supporters of unlicensed personnel administering insulin stated that: unlicensed persons can provide safe care, if properly trained and supervised; non-medical personnel (e.g., parents, siblings, etc.) are routinely trained to administer insulin; unlicensed persons are safely administering insulin in schools in other states; and training non-medical school personnel to administer insulin when a school nurse is not present is in the best interest of students with diabetes. They also stressed the importance of children with diabetes having immediate access to insulin to prevent complications of diabetes.

The remaining commenter's contend that students are/will be placed at risk if unlicensed persons are trained to administer insulin. School nurses cited specific incidents where students were or would have been at risk.

4. The legal authority for unlicensed school personnel to administer insulin was challenged by several individuals and the nursing organizations. Several individuals disagreed with the statement that unlicensed school personnel are not authorized by California law to administer insulin.

5. Concern was expressed about use of contracted licensed staff to administer insulin because of their lack of knowledge about the student and inability to respond quickly if needed.

Based on the comments received thus far, several changes are being considered and the revised statement will be submitted for action at the November 30, 2007, Board meeting.

Submitted by:

Approved by:

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Janette Wackerly, MBA, RN

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Susanne J. Phillips, RN - Chair